## Head of the Bridgewater: 15th February 2020

Three periods of racing, long (3.2Km) and short (1Km) courses for all boat classes.

Our water is sheltered, comparatively shallow and everywhere close to a continuous towpath with marshals every 250m: particularly good for juniors, beginners, those returning to competition and older Masters competitors.

Run with the kind permission of the Bridgewater Canal Company Swappeo



Mandatory briefings for scullers, quad steerers and coxswains at **8:15** (Divs 1/2); **10:30** (Divs 3/4) and **1:00** (divs 5/6).

## **Entries**

- Entry Fees in advance via BROE only: Seniors & Masters - £9.00 per seat; Juniors - £7.00 per seat.
- Entries will be capped at 60 crews per pair of short- and long-course divisions.
- J14 and J15 events are offered on both long and short courses, to accommodate less skilled entrants.
- Requests for "out of division" entries will be accommodated where possible, but such entries will be for "Time Only".
- Entries close at midnight on **Thursday 6th February 2020** (or earlier if over subscribed)
- Draw will be on **Sunday 9th February 2020** (or earlier if the event is closed).
- Enquiries (no telephone entries): Henry Law, headrace@traffordrowing.club 07530 804698

## **Notes**

- Racing will be governed by British Rowing's "Rules of Racing" and "RowSafe" policy.
- Doubling up is encouraged.
- Masters events will be handicapped where appropriate
- Other events will be considered (e.g. 1Km masters; mixed crews)
- Events will be banded within their division where necessary.
- Trafford RC reserves the right to adjust the schedule if required due to prevailing conditions.
- NB only half a crew and the coxswain may be replaced once entries have closed. Substitutes must be a member of the same club, or clubs in the case of a composite crew, as the athletes they are replacing (Rule 7-2-4b and ¶2.1.1).

Boating from Walton Park Sports Centre, Raglan Road, Sale M33 4AG (not a postal address!) www.traffordrowing.club